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ABSTRACT

This book explores how spirituality intersects with the lives of adult educators and trainers. The following are among the topics discussed: (1) spirituality's role within the context of adult education and training and defining spirituality (the original spiritual purpose of adult education, as illustrated in the history of the Chautauqua, Antigonish, Highlander, and Mondragon movements, and the need for adult education and training to recover their early concerns for holistic, spiritually informed, and socially responsible practice); (2) current research and theory in spirituality as it relates to adult education and training (tools for exploring similarities and differences in the most prominent areas of spiritual writing; current issues arising in ethics for various professions); (3) the need for adult educators and trainers to foster their own spirituality as a basis for integrating spirituality into their practice through the use of journals, reflective reading, artwork, soul friends, and body movement; (4) spirituality in the work of educators and trainers and the tensions and dilemmas of promoting spirituality as part of andragogy/pedagogy; (5) spirituality in the workplace; and (6) adult educators and trainers as leaders of change. Starting points for further discussion are included throughout the book. An annotated bibliography of 8 resources for spirituality and a bibliography listing 248 references are presented. (MN)

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